
June 12, 2020 - Government operations of the Keweenaw Bay Indian Community are currently in Phase I. All buildings are being prepared for the health and safety of the community and employees. During Phase I, buildings remain closed to the public with the exception of the Police and Health Department.

The Tribe will move into Phase II of reopening on Monday, June 15, 2020. At that time, members may schedule appointments to various offices. All departments/offices will require the use of masks and social distancing. Members will also be required to get their temperature taken prior to entering the buildings. If someone does not have a mask, a disposable one will be provided. The use of hand sanitizer is also required.

Buildings will be limited to a maximum of 50% occupancy as determined by the Fire Marshall.

- Accounting remains closed to the public. Office area will be limited to employees only.
- The CEO’s and President’s offices will take appointments by calling (906) 353-4104 or e-mailing robin@kbic-nsn.gov.
- Commodity Foods Program may be reached by calling (906) 524-7340 or e-mailing jforcia@kbic-nsn.gov. Food is currently being provided.
- The Community Assistance Programs will take appointments by calling (906) 353-4206 or e-mailing kimk@kbic-nsn.gov. Assistance available includes: General Assistance through the Bureau of Indian Affairs, LIHEAP, and CSBG.
- The Court may be reached at (906) 353-8124 or by e-mailing courtclerk@kbic-nsn.gov. The Court shall conduct all hearings by video/telephonic as necessary during Phase I. During Phase II, the Court shall begin limited hearings (in-person), the use of video and telephonic services shall be used as necessary during this phase. The number of people in a respective hearing shall be limited to ten (10) people including Court staff. Public access to the Court is allowed using recommended measures.
- Enrollment/Licensing will be issuing and mailing out hunting/fishing/trapping licenses. Motor vehicle transactions will be done by appointment. You may call (906)

SPECIAL POINTS OF INTEREST

- KBIC announces Phase II of re-opening
- Ojibwa Casinos announce re-opening date
- KBIC Awarded $75,000 for Continuing Fishing Traditions
- The Lake, Whitefish, and Health
- KBIC Completes Reforestation Project
- Research Vessel Myrtle Tolonen (RVMT; 2019 Year Review)
- Criminal Report
- Deepest Sympathy

Continues page two.
The Enrollment/Licensing Department will open, by appointment only, for Motor Vehicle transactions beginning Monday, June 15, 2020. If an appointment is needed, please call (906) 353-4114 or (906) 353-4111, or e-mail jennifer@kbic-nsn.gov or jeanne@kbic-nsn.gov.

When coming to an appointment, please use the Main Entrance of the Tribal Center and wear a mask. Everyone will be required to have their temperature taken. Fees will be collected prior to coming into the Department. Be sure to have the receipt, and as always, proof of verification of current insurance is required.

TRIBAL MEMBERS

We are pleased to announce the Ojibwa Casino Baraga will reopen on Monday, June 29th and the Ojibwa Casino Marquette will reopen on Wednesday, July 1st.

We are very happy to once again open our doors and provide you with the very best in casino gaming, delicious dining, and non-stop fun. We are all very grateful for what you do for our community during these uncertain times. We are committed to providing all of you and our employees a safe and healthy environment at the Ojibwa Casinos each and every day. Everyone’s health and well-being are our #1 Priority! To that end, please review the following Health & Safety Guidelines that follow.

Heightened Cleaning & Sanitizing;

The Ojibwa Casino Baraga and Marquette underwent deep cleaning, sanitizing, and disinfecting of every area before reopening. Among other things, this included the lobbies, restaurants, and kitchens, slot machines, table games (which remain closed for now), Rewards Club and Cage, entrances and exits, restrooms, door handles, handrails, ATMs, kiosks, all counter surfaces, and more. We will continue this cleaning and sanitizing protocol every day moving forward and to accomplish this our new Hours of Operation will be 10:00 A.M. to 2:30 A.M. daily.

By following CDC, NIH, state and local public health recommendations and guidelines, we have established comprehensive reopening protocols, and new health and safety precautions are in place. Our Gaming Team Members are trained on these procedures and our Guests will see reminder signage throughout the property. These new protocols include, but are not limited to, the following:

Health & Safety

- Masks must be worn anytime a guest isn’t seated at a slot machine. Smoking will be permitted only when seated at a slot machine or in designated areas at each casino.

- Personal Protective Equipment (PPE) and Temperature Checks: Ojibwa Casino Team Members and Guests will be required to wear masks and undergo a simple health screening on entry and temperature checks, prior to entry. At all temperatures will be done with an infrared thermometer not requiring personal contact. Temperature readings of 100.4 degrees F and above will require a secondary temperature check. If the secondary check is also 100.4 degrees or above, entry will be denied for a 24-hour period. Instructions (following CDC recommendations) for next steps will be provided as well.

To keep the Court available and safe for all persons, the Court shall employ a balanced and objective approach that considers both the uninterrupted administration of justice and the health and well-being of the judicial branch of the Keeweenaw Bay Indian Community and its patrons. Accordingly, all Court proceedings shall be processed and conducted in a manner that is consistent with federal and tribal public health advisories, and directives from the Court.

Until further notice, all Court proceedings, including arraignments and pre-trial hearings, shall be scheduled at staggered times to promote social distancing and avoid cross-traffic contact of Court patrons. Further, all Court proceedings shall begin promptly at their scheduled time indicated on the Notice and or Order to Appear.

Pre-trial conferences must be conducted prior to the Pre-Trial Hearing. If this cannot be accomplished, the Prosecutor, Defense Attorney, or Court patron representing themselves in Proprieta Persona, must file a Motion for Continuance. The Court Clerk shall consult with the person filing the Motion for Continuance to reschedule the pre-trial hearing at a time and date specific.

If you have any questions or concerns, please contact the Court at courtclerk@kbic-nsn.gov or (906) 353-8124 (main phone) or (906) 353-7279 (fax).
Welcome Back To The Ojibwa Casinos continued:

- **Barriers:** Clear vinyl or Plexiglas barriers have been placed between Staff and Guests where possible to further minimize the transmission of germs andfrom face-to-face contact.
- **Hand sanitizer stations** will be installed on the casino floor and be readily available throughout the facility. We recommend that you thoroughly wash your hands frequently in the restrooms by following CDC recommendations.
- **Health Concerns:** Employees and/or Guests not feeling well should stay home. Vulnerable individuals with weakened immune systems should take special precautions per Federal recommendations and consider not visiting until the pandemic has passed.
- **Social Distancing:** Please maintain 6’ social distancing between you and other Guests or Ojibwa Casino staff members to assure your safety and the safety of those you come in close contact with. This includes while moving throughout the casino or sitting at slot machines or in the floor decal signage areas. We will monitor the capacity on our gaming floor to assure that there is ample room for social distancing at all times.
- **Watch for Signage:** Floor decals and signage regarding social distancing and safety guidelines will be clearly visible.
- **Slot Machines and Table Games:** Slot machines will be thoroughly and regularly cleaned throughout the day. If at any time a Guest would like their slot machine sanitized they can just push the Service Button and a staff member will clean your machine. Seating for slot machines will be configured to meet social distancing requirements. Guests will be allowed to remove their masks while seated at a slot machine and playing if they so desire. They may also remove their mask while smoking at the slot machine, while drinking from the slot machine cup holders or at the bar. NOTE: Table Games will remain closed at this time.
- **Rewards Club & Cage:** Please wear a mask and maintain social distancing when transacting with the Rewards Club or the Cage. Please maintain your location for your specific service. See Rewards Club for details regarding ongoing promotions and Club offers, etc.
- **Entertainment:** Live music, entertainment, concert, and banquet services will remain suspended temporarily. We will provide entertainment where we can.
- **Restaurants and Bars:** Please adhere to 6’ social distancing and wear a mask while ordering. Please place your order and take a seat at a table or at the bar. Your order will be brought to you in disposable containers. Leave your disposable items on the table when you finish dining. A staff member will bus the table and sanitize it. In each of our restaurants and bar areas, a heightened cleaning and sanitizing protocol will cover all high touch point areas including service counter, trays, drink stations, seats and tables, etc.
  - **Superior Eats restaurant at Marquette and the Press Box at Baraga** will be open and offering full service, including take-out. Marquette’s Superior Eats hours are 10:00 a.m. to 12:00 midnight, seven days a week; the Press Box’s hours are 10:00 a.m. to 1:30 a.m., Sunday through Saturday. NOTE: The Marquette Tavern and Baraga’s Lucky 7’s remain closed for now. Individuals must be 18 or over to enter our facility at this time, except for children under 12 years old. If under 12, must be accompanied by a parent or guardian over 18.
  - **Self Service Beverage Stations:** The cups available at each beverage station for fountain drinks or coffee are single use only. Do not refill. Menus will be single use. After reading ingredients and utensils will be single use as well to be disposed of after use. Please be sure to request these items upon ordering.
- **Hotel:** The Baraga Hotel will be open. The same heightened cleaning and sanitizing protocols in place on the casino floor will be maintained throughout the hotel areas, including the lobby and individual rooms. Extra care will be taken to sanitize high traffic “touch points” including bathroom toiletries and amenities, night stands, lamps, alarm clocks, TV remote, light switches, furniture, hangers, refrigerators and microwaves, blow dryers, ice buckets, doorknobs, and hallway ice and vending machines, etc. Dirty towels and linens will be removed in bags for proper disinfection, and turned in for a high temperature wash. Decorative linens will be removed from rooms as a safety measure as well.
- **Baraga Recreational Area Campgrounds and RV Park:** The campground is open and established safety and sanitation protocols established by the organization are being enforced. The Pow-wow Campground and related facilities remain closed at this time. Guests should wear masks and socially distance except when arriving or staying in groups (family or friends) who are staying in close proximity to each other.
- **Pool:** The Baraga Hotel pool, once opened, will only be open to registered hotel guests. Social distancing of 6’ is required in the pool area except for groups who are together. Masks must be worn while walking to and from the pool. MQT Gift Shop: The Gift Shop will be open for limited purchases, primarily tobacco products. Please follow 6’ social distancing guidelines and wear your mask. Only one guest at a time will be served in the Gift Shop.
- **Baraga & MQT Shuttle:** Shuttle Services are not operating at this time but are expected reopen in the not too distant future.
- **Baraga Bowling Alley:** The bowling alley lanes will remain closed at this time but the bar and food venue are open.
- **Nightly Sanitization:** Each casino property will be thoroughly disinfected and sanitized every night during new early close hours starting at 2:30 a.m. till 7:00 a.m. when the casino re-opens for day.

In closing, all of these health and safety measures are being taken to help assure that each of our employees and guests remain safe and healthy while visiting or playing at our casinos. During these uncertain times, we want you to know that your continued good health and well-being are our absolute #1 priority and always will be.

Welcome back, and let’s have fun!

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$75,000 Awarded to Keweenaw Bay Indian Community for Continuing Fishing Traditions

Fayetteville, Arkansas - The Keweenaw Bay Indian Community (KBIC) and the Native American Agriculture Fund (NAAF) are pleased to announce a $75,000 grant to support the Keweenaw Bay Indian Community (KBIC) in expanding its fish processing facility. The funds awarded in the 2019 funding cycle will build a much-needed fish processing facility which will provide a space to safely clean, fillet, and package fish and will improve opportunities for fishermen to sell locally and encourage new fishermen. In addition to the fish processing facility, this grant will support KBIC’s efforts by adding an additional hoop house for growing vegetables and composting equipment. The funding from NAAF will upgrade the Community Garden Teaching Center that is currently under construction at the KBIC Community Gardens site, so it can meet food safety requirements. The project supports traditional foods and tribal food sovereignty by expanding the KBIC community capacity to safely process fish, compost, and extend our fruit and vegetable growing season for increased yield.

Each and every family in the community is connected to fishing in some way. The KBIC supports its fishermen as well as other harvesters in keeping these traditions, said Warren “Chris” Swartz, Jr., President and citizen of the Keweenaw Bay Indian Community. “As stewards of the resources, our goal is to facilitate sustainable harvest of fisheries resources to provide into the future for the seventh generation.”

“NAAF is proud to support the fish processing facility at Keweenaw Bay Indian Community,” said Janie Hopp, CEO of the Native American Agriculture Fund and a citizen of the Chickasaw Nation. “Fishing and harvesting of traditional sea-foods are critical for the future of tribal food economies. We are positive that this grant will help KBIC build a sustainable fishing future for generations to come, while also extending growing seasons and assisting KBIC to broaden the access to foods within their communities.”

The KBIC is the successor in interest of the L’Anse and Ontonagon Bands of Lake Superior Chippewa Indians, signatories to the 1842 Treaty with the Chippewa (7 Stat. 591), and the 1854 Treaty with the Chippewa (10 Stat. 1109). Located on the shores of Lake Superior in Michigan’s Upper Peninsula, fishing in Keweenaw Bay has a lineage that is centuries long.

The Native American Agriculture Fund (NAAF) provides grants to eligible organizations for business assistance, agricultural education, extension, technical support, and advocacy services to support Native farmers, ranchers, and those working to improve Native food systems. The charitable trust was created by the settlement of the landmark Keepseagle v. Vilsack class-action lawsuit. NAAF is the largest philanthropic organization devoted solely to serving the Native American farming and ranching communities.
The Tribal Court has agreed to comply with the request of the Keweenaw Bay Indian Community’s CEO’s Office to publish criminal sentencing on a routine basis.

Torianna Rasanan, case #20-040, §16.513, Operation of unregistered or improperly registered – 1st offense

Sentencing on 5/27/2020, #20-040, §16.513:
1. Fine $125.00 to be paid within 90 days. Defendant may perform pre-arranged community service in lieu of fine.
2. Payment probation.

David Madosh, case #20-065, §3.904, Domestic animals required restraints – 1st offense

Sentencing on 06/01/2020, #20-065, §3.904:
1. Fine $100.00.
2. Payment probation until fine is paid.

Vanessa Beaver, case #20-037, §3.202, Assault and battery (domestic) – 1st offense

Sentencing on 06/10/2020, #20-037, §3.202:
1. Fine $500.00.
2. Ten days jail, credit for one day jail served, nine days jail suspended pending successful completion of all aspects of probation. Defendant is financially responsible for the costs of lodging and any expenses incurred while incarcerated.
3. Three to six months of alcohol and drug restricted probation with a $10.00 monthly probation fee. Defendant is financially responsible for the costs of drug and PBT testing, if any.
4. Defendant shall obtain a substance abuse screening and shall follow that screening until successfully discharged.
5. The Defendant must complete the Tribe’s Thinking for Change Program or a similar program to develop decision making and problem solving skills.

Tahala Davis, case #20-043, §3.1409, Contributing to neglect of a minor – 1st offense

Sentencing on 06/10/2020, #20-043, §3.1409:
1. Fine $500.00.
2. Ninety days jail, credit for two days jail served, 28 days jail to be served. 60 days jail suspended pending successful completion of all aspects of probation. Defendant is financially responsible for the costs of lodging and any expenses incurred while incarcerated.
3. Six months of alcohol and drug restricted probation with a $10.00 monthly probation fee. Defendant is financially responsible for the costs of drug and PBT testing, if any.
4. Defendant shall obtain a substance abuse screening and shall follow that screening until successfully discharged.
5. Defendant shall sign a release of information to allow the Court to monitor compliance.

Travis Gauthier, case #20-006, §3.1706, Controlled substance (sale methamphetamine) – 2nd offense

Sentencing on 06/10/2020, #20-006, §3.1706:
1. Fine $750.00.
2. One-hundred-eighty days jail, 90 days jail to be served, 90 days jail suspended. Defendant shall be financially responsible for the costs of lodging and any expenses incurred while incarcerated.
3. Defendant is banished from the Keweenaw Bay Indian Community (the Community) for an indefinite period of time, effective upon his release from confinement. Any property held in trust for the Community; any property owned by the Community; any property owned by a Community-affiliated organization; and the Ontonagon Reservation.
4. The sole exception to this banishment includes the Defendant’s travel directly to and from the Community’s health clinic for his own medical care with no stops in-between. For this exception to apply, the Defendant must notify the probation officer at (906) 353-4564 as soon as possible before a visit to the health clinic, and afterwards shall provide a copy of the clinic’s documentation of the visit.
5. The Defendant is financially responsible for the costs of lodging and any expenses incurred while incarcerated.
6. Defendant's travel directly to and from the Community's health clinic for his own medical care with no stops in-between. The Court will only consider the Defendant’s re-entry if the petition is accompanied by:
   a) Releasable information from all medical, mental health care, and substance abuse treatment providers, and
   b) Sufficient proof that the Defendant has:
      i) No criminal history during the three-year period prior to the petition for re-entry;
      ii) Maintained sobriety (refrained from the use of alcohol and drugs), and maintained a sober lifestyle during the three-year period prior to the petition for re-entry;
      iii) Complied with all mental health treatment recommendations and maintained mental health for three years prior to the petition for re-entry (at a minimum, this will include a letter from his regularly-treating mental health professional that the Defendant has complied with the professional’s recommendations, reliably takes the necessary actions to maintain his mental well-being, and actually maintains his mental well-being);
   c) Sustained gainful employment throughout the three years prior to the petition for re-entry; and
   d) Made regular payments throughout three years prior to the petition for re-entry, and those payments have significantly lowered the amount owed the Court in restitution, fines, fees, and costs.

Tahala Davis, case #20-006, §3.1706, Controlled substance (sale methamphetamine) – 1st offense

Sentencing on 06/10/2020, #20-006, §3.1706:
1. Fine $1,000.00.
2. One-hundred-eighty days jail, 180 days jail to be served. Defendant shall be financially responsible for the costs of lodging and any expenses incurred while incarcerated.
3. Defendant is banished from the Keweenaw Bay Indian Community (the Community) for an indefinite period of time, effective upon his release from confinement. (see #20-005).

Travis Gauthier, case #20-007, §3.1706, Controlled substance (sale methamphetamine) – 3rd offense

Sentencing on 06/10/2020, #20-007, §3.1706:
1. Fine $1,000.00.
2. One-hundred-eighty days jail, 180 days jail suspended. Defendant shall be financially responsible for the costs of lodging and any expenses incurred while incarcerated.
3. Defendant is banished from the Keweenaw Bay Indian Community (the Community) for an indefinite period of time, effective upon his release from confinement. (see #20-005).
The Lake, Whitefish, and Health—Value in so Many Ways
By Dr. Dale Schmeisser

Keweenaw Bay Indian Community sits on the shore of the largest amount of surface fresh water in the world. Gichi-gamiing is the single largest lake on Planet Earth, and together with the other Great Lakes accounts for 20% of the entire world’s fresh surface water. That’s amazing, and yet it is easy to overlook when it’s just part of everyday life. The Lake can help keep us healthy if we let it.

Enjoy the beauty. Never underestimate the value of appreciating the beauty of nature in nourishing your health. Keweenaw Bay is a very beautiful bay. Every so often, stop and take a breath and appreciate the very beauty of things. It’s beautiful and just sits there. The light, the power, and the wildlife. It can go a long way to reduce stressful feelings. Being less stressed improves other aspects of health too. Blood pressure goes down, pain decreases, and substance cravings can lessen. These days, we are coping with a lot of extra stresses beyond just the usual ones. Consider how fortunate the Community is to have such an incredible, unique resource at the doorstep.

Enjoy the resource for recreation. The Lake can provide some great opportunities. Walking the shoreline is excellent activity and can be very relaxing. Kayaking and canoeing, with the right equipment and attitude about safety, is wonderful exercise. For the hearty, swimming from July through early September is an outstanding way to exercise (I have no firm evidence for this, but I suspect that you have to burn more calories just to keep your body temperature up, whether you’re swimming or not!). And “gone fishin’” is an excellent pastime that can decrease stress too.

Enjoy food from the Lake. There is no question that fish is good for health. GLIFWC recently coordinated a webinar with KBIC that looked at that broadly. It turns out that fish is not only good for the health of individuals who eat it, but fishing (that is, commercial fishing) is good for the health of the Community economically. Economic well being, as it happens in prior Whitefish fishing (that is, commercial fishing) is good for the health of the Community economically. Economic well being, as it happens in the usual one. Consider how fortunate the Community is to have such an incredible, unique resource at the doorstep.

Whitefish is delicious, and of course nutritious. For one thing, it’s an excellent protein food. It’s quite low in saturated fat, which means it will not raise cholesterol. When broiled, baked, or even lightly sautéed, it’s low in calories. Deep frying or breading any fish will increase the calories, fat, and carbs, so we should all be looking for a method of prepping fish that doesn’t add a lot of breading and frying fat.

Among fresh-water fish, Lake Superior Whitefish is high in omega-3 fats. Omega-3 fats are beneficial to the heart, they can lower blood triglyceride, and they’re very important for a healthy immune system. We’re learning every day how important they are for brain health, improving mood, and possibly reducing the risk of ADHD and autism in children. It may come as a surprise that Lake Superior Whitefish is higher in omega-3 fats than Lake Salmon. It’s true that wild caught Ocean Salmon is higher in omega-3 fats than Whitefish, but Whitefish is available just down the road, and Ocean Salmon comes from 1000 miles away (at minimum).

There is a limit to how much Lake Superior fish can be consumed safely, due to some contaminants which get stored in fish. The Michigan Eat Safe Fish guideline for Lake Superior Whitefish is two servings per month (serving size varies from 6-8 oz for most adults to 2-4 oz for children). Whitefish should be cooked to an internal temperature of 145 degrees F to assure safety from bacteria and other pathogens. GLIFWC provided some wonderful recipes to the attendees of the May webinar. We’ve included one here—very delicious.

So enjoy our amazing Lake and be nourished by it in so many ways.

Hominy and Wild Rice Soup
Original concept from Rose Wilmer, Bad River
Prep Time: 20 minutes
Cook Time: 1 hour 20 minutes
Total Time: 1 hour 20 minutes
Serving Size: 1 cup with 1/3 filet
Yield: 12 (3 quarts)
Ingredients:
Soup
2 teaspoons smoked paprika
1 tablespoon sunflower seed oil
1 medium yellow onion, peeled and diced (about 1 cup)
1 large leek, white and green sections separated, rinsed and sliced (about 2 cups)
1/4 teaspoon ground black pepper
2 cups hominy, homemade
1 quart low-sodium chicken stock
1 1/2 cups cooked and hominy is soft, but not bursting, about 20 minutes. Continue to step 5.
– Remember: Lukewarm soup is a perfect breeding ground for germs. So if you are not going to be able to use all the soup within an hour, either cool it in small batch to 40° F (within two hours and refrigerate or freeze it or keep it above 139° F for up to four hours).

Mix it up!
– To make the soup vegetarian, substitute a vegetable broth stock for the chicken broth.

Storage duration, refrigerator 3-4 days, freezer 1-2 months. Freezer duration indicates how long the food can be stored before a noticeable decrease in quality occurs.

Recipe collected/developed as part of the Mino Wiisnidaa “Let’s Eat Good!” Project funded by

GREAT LAKES INDIAN FISH & WILDLIFE COMMISSION
P.O. Box 9 • Odanah, WI 54861 • (715) 682-6619 • FAX (715) 682-9294

Hominy and Wild Rice Soup
Original concept from Rose Wilmer, Bad River
Prep Time: 20 minutes
Cook Time: 1 hour 20 minutes
Total Time: 1 hour 20 minutes
Serving Size: 1 cup with 1/3 filet
Yield: 12 (3 quarts)
Ingredients:
Soup
2 teaspoons smoked paprika
1 tablespoon sunflower seed oil
2 medium leeks, 1/4” semicircles (about 6 cups)
1 medium yellow onion, peeled and diced (about 1 cup)
1 teaspoon salt
1/4 teaspoon ground black pepper
2 cups hominy, homemade
2 quarts low-sodium chicken stock
1 quart plus 1 cup water, additional as needed
1/2 cup Rice, cleaned and rinded
Topping
4 filets Whitefish or Lake Trout, boneless, skinless
1 tablespoon sunflower seed oil
1 teaspoon smoked paprika
Directions
1. Preheat oven to 425° F.
2. In a large stockpot, heat oil over medium-high heat. Add leeks, carrots, and onion. Cook until translucent. Add salt and black pepper.
3. Add hominy, stock, and water. Bring soup to a boil then reduce heat to medium and simmer.
4. Add Wild Rice and continue simmering until rice is cooked and hominy is soft but not bursting, about 45 minutes. Add additional water to adjust consistency.
5. Prepare fresh or thawed filets by brushing each filet with a light coating of oil and sprinkle with 1/4 teaspoon of smoked paprika.
6. Line a baking sheet with aluminum foil or a silicone baking mat and lay filets flat. Baking 10-12 minutes or until filet filetes easily with a fork.
7. Serve soup hot in individual bowls topped with chunks of fish.

Bold = Indigenous food.

Nutritional Facts
Calories: 150
Total Fat: 5 g
Saturated Fat: 0 g
Trans Fat: 0 g
Cholesterol: 0 mg
Sodium: 50 mg
Carbohydrates: 10 g
Dietary fiber: 2 g

Chefs Notes:
– Due to the way leeks grow, they retain a lot of dirt between the layers of their stalk. To remove, cut the leeks as indicated in directions. Add half to a large bowl and cover with cool water. Swirl water and leeks to release dirt and remove leeks from water. Repeat with the second half of the leeks.
– If using canned hominy, do not add during step 3 but wait until the rice is almost cooked, about 30 minutes. Drain and add canned hominy and continue to simmer soup until Wild Rice and hominy is soft, but not bursting, about 20 more minutes. Continue to step 5.
– Remember: Lukewarm soup is a perfect breeding ground for germs. So if you are not going to be able to use all the soup within an hour, either cool it in small batch to 40° F (within two hours and refrigerate or freeze it or keep it above 139° F for up to four hours).

Mix it up!
– To make the soup vegetarian, substitute a vegetable broth stock and amp it up with additional vegetables. Excellent additions are: cubed sweet potatoes, ramps, or fiddleheads (when in season), or a handful of kale (celeriac). Is the soup a bit bland? Spice it up! Add two bay leaves for a classic taste or try 1/2 teaspoon rosemary or thyme. For a more traditional flavor, sprinkle in some dried sweet fern.

Recipe collected/developed as part of the Mino Wiisnidaa “Let’s Eat Good!” Project funded by

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KBIC Completes Reforestation Project

Late this spring, KBIC joined forces with partners to hand plant 20 acres in a large reforestation project. The area was covered in dead and dying White Spruce trees that were planted before KBIC owned the land. An invasive fungus killed almost half of the trees, and the remaining trees were dying and infected with bark beetles. KBIC hired Tribal contractors to remove the trees and prepare the site for planting. KBIC Natural Resources, Forestry, and Fire Crew personnel all helped plant young trees on the site. Culturally important trees, and a diversity of native trees were planted: Giizhik (cedar), wigwaas (paper birch), red oak, burr oak, yellow birch, white pine, and red pine.

KBIC would like to thank the following partners who helped complete this project: US Forest Service, Natural Resources Conservation Service, and the Great Lakes Conservation Corp.

~ Submitted by Rachel McDonald, KBIC Forester

Dead and dying white spruce plantation. Picture taken July 2019, by Steve Katovich USFS.

Tree planting is a good COVID-safe activity! Picture taken May 2020, by Tribal Forester.

LIFE JACKET SAFETY

Attention families with children age ten or younger.

Tribal households (members and descendants) with a child age ten years or younger, residing in Baraga County, are eligible to earn life jackets and child fishing poles, by watching the Life Jacket Safety video and taking the survey.

While supplies last; first come, first serve.

Video can be viewed at https://www.youtube.com/watch?v=AzxKuB0PbOQ&feature=youtu.be

Survey can be completed at https://forms.gle/4tUZ9zbqKJuSHrTWc6

(6) Ningodwaaswi
With precautions continuing in 2020 as they relate to the Covid-19 Pandemic, KBIC-NRD Fisheries Division has been strategically conducting specific efforts to prepare for eventual research and assessments utilizing the RVMT (Safe distance and disinfection protocol development(s)), close coordinating efforts with partnering agencies to fully understand and adjust to a diversity of safe operating procedures being implemented by different agencies and groups, adjusting planning in a “real-time” setting as circumstances change, etc.).

Research Vessel Myrtle Tolonen (RVMT)

During this unprecedented period of time, KBIC-NRD reflects on the development, construction, and work that was conducted during the formal first year of operation for the new KBIC vessel.

The RVMT, a 34ft vessel with twin 300 horsepower Yamaha outboard motors and a beam width profile >11ft, proved to be capable of conducting several work efforts in 2019. It was designed and constructed with funding support from a one-time BIA Lake Superior Assessment capacity award, with primary use commitments related to commercial fishery assessment and oceanic-style scientific research. In particular, the main objectives for this vessel are to complete spring, summer, and fall lake trout surveys.

In 2019, the RVMT proved to be the vessel we hoped it would be for the variety of Lake Superior and oceanic-style work we attempt to do each season, under a variety of circumstances and conditions, and KBIC-NRD is proud and appreciative to have this vessel as part of the KBIC-NRD Fisheries Program.

Please contact KBIC-NRD with questions pertaining to the RVMT or other natural resource management issues.

Gene Mensch
Fisheries and Wildlife Biologist, Adjunct Instructor
Keweenaw Bay Indian Community Natural Resources Department, 14359 Pequaming Road, L’Anse, Michigan 49946. Phone: (906) 524-5757 ext. 12. Cell: (906) 201-1386
Keweenaw Bay Indian Community Ojibwa Community College, L’Anse, Michigan 49946. Phone: (906) 524-8200

To place an ad, submit an article, or relate information, ideas, or possible articles contact: Lauri Denomie at (906) 201-0263, or e-mail: newsletter@kbic-nsn.gov.
Recognizing Male Victim-Survivors
~ By StrongHearts Native Helpline

Men can be victims of domestic violence. Domestic violence can happen to anyone. Media and socialization may lead you to believe otherwise but the truth is men, and people of all genders, can be and are victims of domestic violence.

Abuse against men can start at a very young age, and the effect carries on with them into adulthood. When it comes to sexual violence, domestic violence, and dating violence, men who reported abuse have indicated that not only were they sexually assaulted both as a child and as an adult, but also their struggles with intimate partner violence continues indefinitely as victims and/or perpetrators.

Increased Rates of Violence in Indian Country

According to the recent National Institute of Justice report, statistics show that there is an increased rate of violence among intimate partners in Indian Country. In the male category alone, four out of five men have experienced violence in their lifetime; one in four has experienced sexual violence; one in three has endured physical violence by an intimate partner; and nearly three in four have experienced psychological aggression by an intimate partner. Fortunately, there is work being done to reduce this rate of violence.

"There isn’t a lot of research out there especially when it comes to Native American men,” said Lenny Hayes, MA, Executive Director of Tate Topa Consulting. "Explaining that acknowledgment is important is an important first step to finding the help they need."

Eliminating Barriers

As a mental health therapist, Hayes works with children, adults, Native people, Two-Spirit, and LGBTQ individuals. He remains adamant that males need to break down the barriers of silence and the stigma of being a victim of sexual violence. Regardless of gender, all victims need to be acknowledged, supported, and have resources available to them.

"If men weren’t brought up in a healthy environment, they don’t know how to have a healthy relationship in adulthood. We need to create a safe space for men in our communities to heal," says Hayes. Hayes is encouraged by Native men who have thanked him after they told him about their own personal experiences. "My response is to acknowledge them and express that I believed them," says Hayes explaining that acknowledgment is an important first step to finding the help they need.

Moving Forward

Understanding that males are victims of sexual, domestic violence, and dating violence is important. It includes breaking the silence and breaking down barriers. Being a victim is not a sign of weakness. Acknowledging a need to heal is a measure of a victim’s strength and ability to survive. Here are a few ideas to help men affected by domestic violence:

Believe victim-survivors: One of the most important things that we can do to support male victim-survivors is to simply believe. Listen without questioning the victim’s experience.

Document the abuse: Suggest that they keep track of the abuse. They can take pictures, keep a calendar, or start journaling as a way to document the abuse. Documenting the abuse can help in two ways: it can be a cathartic way to deal with negative emotions, and it may also help the victim to obtain legal aid later on. Remind them that if they decide to document the abuse, to keep their document secure, so their partner can’t destroy the evidence, and so they can remain safe while they figure out the next steps in the relationship.

Find a support system: Perhaps there’s a good friend or relative who they can confide in when talking about what they are experiencing. Having a strong support system could be vital to their emotional well-being. Creating and nurturing healthy relationships can help heal some of the mental trauma from abuse.

Encourage them to take a proactive approach to their own safety: Keeping their mental, emotional, and physical sanity in check are great ways for them to remain grounded during and after a situation of abuse. Perhaps they like to play basketball, create art, or read. Encourage them to do things that make them happy and feel good about themselves.

Reach out: To explore your options for safety and healing, click on the "Chat Now" icon at https://www.strongheartshelpline.org to open a one-on-one chat with an advocate or call 1-844-7NATIVE (1-844-762-8483) daily from 7 a.m. to 10 p.m. CT. Callers reaching out after hours may connect with the National Domestic Violence Hotline by selecting option one.

StrongHearts Native Helpline understands it can be difficult to talk about domestic violence in tribal communities. The alarming rates of Native Americans and Alaska Natives experiencing domestic violence demands that we unite, acknowledge and support all victims regardless of gender, sexual orientation, or relationship status.

The StrongHearts Native Helpline (1-844-762-8483) is a culturally-appropriate domestic violence and dating violence helpline for Native Americans, available daily from 7 a.m. to 10 p.m. CT. StrongHearts Native Helpline is a collaborative effort of the National Domestic Violence Hotline and the National Indigenous Women’s Resource Center. Visit https://www.strongheartshelpline.org/ for more information.

How to Use StrongHearts Native Helpline’s New Online Chat Advocacy Feature
~ By StrongHearts Native Helpline

If it’s not safe to call (1-844-762-8483), StrongHearts Native Helpline’s new online chat advocacy sessions might be a better option. Users receive one-on-one, real-time, confidential information from a trained advocate. Visit https://www.strongheartshelpline.org/ to get started.

Unfortunately, StrongHearts Native Helpline is not able to provide internet-based services to people younger than 13. While our chat advocacy is not available to people 12 and younger, our phone services are available to people of all ages. All of StrongHearts Native Helpline’s advocacy services are available daily from 7 a.m. to 10 p.m. CT.

Chatline users reaching out after hours will receive a message re-directing them to reach out during operating hours or to reach out to The National Domestic Violence Hotline, a non-Native based 24/7 domestic violence helpline.

WHAT TO EXPECT ONLINE

Click on the purple Chat Now button to connect with an advocate, located on each page of the website in the same location.

There is no need to download anything. This is not a public chat room – it is a private one-on-one chat. It is completely confidential and anonymous.

Chatline users are asked to complete a series of non-identifying demographics questions first. These questions are optional and not required before beginning a chat session. To opt-out, just leave the answer blank.

When the answers are complete (or left blank), click on the Start Chat button to open a chat session with an advocate.

To close a chat at any time, click on the X in the top right corner of the chat window, followed by End Chat.

Continues page nine.
### VACANCY ANNOUNCEMENT

**Title:** Outreach Coordinator  
**Department:** Division of Intergovernmental Affairs  
**Closing Date:** August 7, 2020  
**Classification:** One year, full-time (renewable dependent on funding)  
**Salary Range:** $32,805-$36,564 (Dependent on qualifications)  
**Note:** This position has been classified as 50% tax exempt for qualified individuals under Internal Revenue Code s.7873

**Duties and Responsibilities:**

1. This is a one-year full-time position that may be renewed with continued funding through the Great Lakes Indian Fish and Wildlife Commission’s (GLIFWC’s) Great Lakes Restoration Initiative grants. GLIFWC is located on the Bad River Indian Reservation in Odanah, Wisconsin. Under the direction of the Director of the Public Information Office, the Wildlife Section Leader, The Environmental Biologist and the Great Lakes Program Coordinator, the Outreach Coordinator will perform the duties listed below in a manner consistent with Commission policies and procedures:

2. Coordinate and participate in a range of outreach activities related to GLIFWC’s work, with a focus on Lake Superior protection and restoration, safe fish consumption, invasive species recommendations.


4. With appropriate GLIFWC staff, write articles for Mazinanigan and content for GLIFWC’s web site and Facebook book page, especially regarding the Lake Superior protection and restoration, issues relating to methyl-mercury in fish, and invasive species.

5. Develop and design outreach materials and provide community outreach to high risk populations to reduce exposure to methyl-mercury from fish harvested by tribal members in both Lake Superior and inland lakes.

6. Participate in networking events, workshops, and other outreach opportunities to distribute educational content and effectively communicate a variety of topics including ways to prevent the spread of invasive species in the Ceded Territories and promote safe fish consumption.

7. Attend and participate in outreach-related events as assigned, including making presentations.

8. Continue outreach to GLIFWC member tribes and their staff to coordinate information sharing regarding habitat, land development, and water quality issues and initiatives.

9. Prepare relevant portions of semi-annual and final progress reports for compilation and submission to the Bi-Regional Work plans with multiple GLIFWC staff involved in outreach activities. Discuss respective work plan progress as needed.

10. Periodically meet with other staff to develop outreach and communication approaches to audiences for Lake Superior protection and restoration work.

11. Contribute to public information publications, as assigned.

*Some duties may be postponed or conducted remotely until Covid-19 precautions are reevaluated.

**Qualifications:**

1. Associates degree in communications, natural resources, or related field required; post-collegial experience in communications preferred.

2. Demonstrated high degree of skill in oral communications.

3. Demonstrated writing and computer skills, including experience using word processing and photo editing software.

4. Demonstrated experience with Indian Tribes and tribal harvesters required, including an understanding of the relationships between native people and their environment.

5. Ability to translate, organize, and disseminate technical information to develop and design brochures, handouts, and author newsletter articles and website content for a broad audience.

6. Willing and able to travel within the MN, WI, and MI areas.

7. Demonstrated ability to act with competence and responsibility in initiating, planning, analyzing, and reporting activities.

8. The capacity to work independently and with a variety of professional and non-professional individuals.

9. Must possess a valid driver’s license and be insurable.

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### GREAT LAKES INDIAN FISH & WILDLIFE COMMISSION

P.O. Box 9 • Odanah, WI  54861 • (715) 682-6619 • FAX (715) 682-9294

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Photo courtesy of StrongHearts Native Helpline.

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### FOOD DISTRIBUTION PROGRAM ON INDIAN RESERVATIONS (FDPIR)

**FY 2018 NET MONTHLY INCOME STANDARDS**

(Effective Oct. 1, 2019 to Sept. 30, 2020)

*The net monthly income standard for each household size is the sum of the applicable Supplemental Nutrition Assistance Program (SNAP) net monthly income standard and any applicable SNAP standard deduction.

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<td>5 persons</td>
<td>$2,399 + $199 = $2,598</td>
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<td>6 persons</td>
<td>$2,747 + $228 = $2,975</td>
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<tr>
<td>7 persons</td>
<td>$3,095 + $228 = $3,323</td>
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<tr>
<td>8 persons</td>
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*Each additional member + $349

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**July 2020 Calendar:**

- July 3 — Gov’t offices closed for 4th of July holiday;  
- July 4 — Happy 4th of July;  
- July 6—Gov’t offices closed for 4th of July holiday.

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*submitted by newsletter editor

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**July 4th holiday:**

For 4th of July holiday;

July 3  
July 4  
July 6

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Photo courtesy of StrongHearts Native Helpline.
KC Rantanen, age 33 of Baraga, MI, passed away on Wednesday, June 3, 2020, at Baraga County Memorial Hospital in L’Anse, MI. She is succeeded by her children: Glenn, Gregg, Lynn, and Gene; and one step daughter: Evelyn Beauprey.

A memorial service was held on Thursday, June 11, 2020, at 5:00 p.m. at the KBIC Zeba Hall with Rev. Nate Reed officiating. The family received friends for one-hour prior to the service. A feast followed the service at the Zeba Hall. Burial will be in the As-sinins Cemetery. The Jacobson Funeral Home assisted the family.

James Noel Gardner passed away June 7, 2020, in Green River, Wyoming. He was born on Christmas day 1934 in Calumet, Michigan, to Edward and Ethel Gardner. As a youth, Jim had a scooter and built flat bottom boats to sell and fish in. He graduated to an Indian motorcycle prior to joining the army in 1953. He served in Alaska during the Korean conflict as an Engineer Equipment Repairman.

Out of the service, Jim married Joanne Ethel Juopperi and started work in a copper mine in northern Michigan. He enjoyed hunting, fishing, and boating, and was a member of the Keweenaw Bay Indian Community. As the price of copper went down, Jim moved to Rock Springs, Wyoming, in 1976, and worked for Pacific Power. Joanne died several years later as a result of a lengthy fight with cancer.

Jim met Mary Ruth Thomas and married her in 1990, then retired from Pacific Power. Jim and Mary lived in Green River and spent many days and evenings on the Flaming Gorge in their boat. Mary died in 2014, and Jim then devoted his time to the Lord, his church, grandkids, bird Bernie, and dog Toby.

Jim is survived by his sister: Carol in Clearwater, Florida; four children: Glenn, Gregg, Lynn, and Gene; and one step-daughter: Rebecca. Jim is also survived by nine grandchildren; 14 great grandchildren; brother: Virgil Loonsfoot of Baraga; and sister: Diane DeCota, of Baraga.

Preceding her in death were her parents: Simon and Charlotte Velmer of Baraga; siblings: Lizz (Marty) Curtis of Baraga, Teri Loonsfoot of L’Anse, Eugene Rantanen of L’Anse, John Jermac of Rochester, MN; Sheleigh, Maureen, Luanne, John, and (Angie-plene) Jenn of Rochester, MN; numerous cousins, aunts, uncles, nieces, and nephews. Preceding her in death are her parents.

A memorial service was held on Thursday, June 11, 2020, at 2:00 PM Thursday, June 11, 2020, at The Harvestime church, grandkids, bird Bernie, and dog Toby.

Cheryl "Sissy" Morin
(1945—June 13, 2020)

Cheryl "Sissy" Morin, age 75, of Falls Church, Virginia, passed away on Tuesday, June 16, 2020, in Fairfax, VA. Sissy was a member of the Keweenaw Bay Indian Community. Her funeral mass was held on Tuesday, June 23, 2020, at Most Holy Name of Jesus Church in Assins, MI, with Fr. Corey Litzner officiating. Visitation occurred one hour prior to the 1:00 p.m. service. Burial will be at the Assinis Cemetery. A luncheon followed the service at the Ojibwa Senior Citizens’ Center in Baraga, MI. The Jacobson Funeral Home assisted the family.

PUBLIC ANNOUNCEMENT
Is your charitable organization planning on holding a raffle or selling raffle tickets on the L’Anse Indian Reservation?

Federal law, through the Indian Gaming Regulatory Act, granted Tribes exclusive right to regulate gaming activity on Indian lands. Even if you or the members of your organization are not tribal members, the Keweenaw Bay Indian Community Gaming Commission has the authority to regulate your raffle. It is unlawful to game without a license.

Please contact the KBIC Gaming Commission Office at (906) 353-4222 or stop by the office located at the Tribal Center for an application and a copy of the rules and regulations.

Application deadline for submission of ALL Class I Drawings is 30 days and Class II Raffles is 60 days prior to your event. License Fee will be waived when the application is received within this timeline.

To be added to the mailing list or to correct your mailing address, contact the enrollment office at (906) 353-6623, ext. 4114.
Inter-Tribal Council Partners with Naloxoneforall.org to Get Free Narcan to Tribal Communities Opioid Overdose Reversal Drug now available free by mail. The Inter-Tribal Council of Michigan, Inc. has partnered with NEXT Naloxone and Grand Rapids Red Project to ensure all tribal communities have access to free naloxone through the mail. NEXT Naloxone is an online mail-based naloxone program designed for people who can’t access naloxone through pharmacies. Community members who need naloxone can access it at no cost through naloxoneforall.org/itcmi If you are a person who uses drugs, or you have a loved one who uses drugs, use this brief online training to learn how to respond in the case of an opioid overdose emergency. Enroll to have Narcan nasal spray or intramuscular naloxone mailed to you at no cost. This online training system does not interact with health systems, insurance carriers, or law enforcement. Naloxone is sent to your address in a plain, discrete package. Please direct questions about our program to info@nextdistro.org. To learn more about in-person trainings, remote trainings, and trainings for organizations, please reach out to Lisa at Lmoran@itcmi.org.

KBIC Receives Treatment as State Authority Under Clean Water Act

By Paula Maday, GLIFWC Staff Writer

KBIC Tribal President, Warren “Chris” Swartz, Jr.

The view from Point Abbaye near Keweenaw Bay on Upper Michigan’s Lake Superior shoreline (C G Rasmussen photo)

Baraga, Michigan — In a first for a tribe in the State of Michigan, the U.S. Environmental Protection Agency (EPA) approved an application from the Keweenaw Bay Indian Community (KBIC) for “treatment in a similar manner as a state” on April 21, 2020, under section 518(e) of the Clean Water Act. KBIC officials hailed the decision as a win for tribal sovereignty and regional water quality. “Treatment as a sovereign is important to the KBIC for many reasons. First and foremost, TAS is a responsibility stipulated in the first treaty,” said KBIC Tribal President Warren C. Swartz, Jr. “In implementing TAS we are honoring our first treaty with all orders of creation, which include our obligations and connections to the natural environment.”

“Treatment in a similar manner as a state” (TAS) is a legal status that refers to the transfer of specific authorities from the federal government to federalally recognized Indian tribal governments for environmental regulatory programs. This approval allows the KBIC to administer a water quality standards program for its L’Anse reservation in Upper Michigan.

The process for implementing and managing a water quality standards program is lengthy and rigorous. A tribe may be found eligible if it can demonstrate: it is federally recognized; it has a governing body carrying out substantial governmental duties and powers; it has appropriate authority; and it is (or will be) capable of carrying out the functions of the particular program.

KBIC submitted its TAS application in 2017, after 18 years of working collaboratively with the EPA on water programs. The application was a natural next step for the tribe, whose resource management activities have followed a substantial growth curve over the years. Milestones along that curve include development of the tribal fish hatchery in 1988; becoming a member of GLIFWC in 1989; participating in co-management of Ceded Territory resources; and unveiling of the KBIC Natural Resources Department to manage on-reservation resources in 1999.

Today, that department employs over 50 staff who operate and oversee programs in fisheries and fish stocking, surface and groundwater quality, air quality, restoration and brownfields programs, wildlife and wetland management, native plants and food sovereignty programs, and binational protection of Lake Superior.

“KBIC is able to cooperate in partnership with state and federal agencies. Many of our natural resources such as wild fish and game, therefore, local environmental standards can assure greater protections for the good of the community as a whole. I look forward to working in a cooperative manner with our partners in the state, federal and local units of government.”

Kurt Thiede, EPA Region 5 administrator and manager of the EPA’s Great Lakes National Program, said: “Through this process, the EPA is recognizing the tribe’s authority to protect rivers and streams on the L’Anse reservation and to safeguard the health and heritage of their community and their natural resources. The EPA’s decision will promote tribal self-government and will empower the tribe to manage their water resources. Also, by developing water quality standards, now they will also be responsible for pushing water quality certifications for actions requiring federal permits on their lands.”

With the TAS application approved, KBIC can now focus exclusively on the rigorous work of fine-tuning its WQS program. Draft standards were submitted to the EPA along with the TAS application, and now KBIC must respond to feedback and questions from the EPA about the proposed standards. Back in 2015 and 2016, KBIC collaborated with the EPA, Keweenaw Bay Ojibwa Community College, and Michigan Tech to conduct a fish consumption survey that gathered historical and jurisdictional data on water quality parameters, fish consumption, and human health criteria concerning various water pollutants. KBIC will pick up development of its water quality standards from there continuing to work closely with the EPA and the State of Michigan.

Once the KBIC and EPA have determined standards that can be reasonably attained, a public hearing will take place giving an opportunity for the public to provide comments. After review of public comments, KBIC will develop a responsiveness summary, submit for approval from Tribal Council, and provide Certifications from the KBIC Legal Department. All of these documents will be formally submitted to EPA.

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KBIC Clean Water Act continued:

which will then have 60 days to approve, or 90 days to disapprove, of KBIC’s Water Quality Standards program.

KBIC is the first tribal nation in Michigan to be granted a TAS designation for the Water Quality Standards Regulatory Program. It joins GLIFWC member tribes Bad River and Lac du Flambeau in Wisconsin, as well as Fond du Lac in Minnesota with this status.

In total, 65 nations across the U.S. retain TAS designation for operating a Water Quality Standards Regulatory Program. KBIC’s approval comes on the heels of the October 2019 announcement from the EPA that the tribe was granted TAS for non-regulatory authority under the Clean Air Act. KBIC is the first tribal nation in Michigan to also receive this status.

Serene Gauthier, KBIC Environmental Response Specialist, and Ron Tilson, Seasonal Water Resources Technician, sample water on the Silver River. (KBIC Natural Resource Department photo) Jaren Forcia, KBIC Water Resources Specialist, (l) samples groundwater as part of the water quality monitoring program. The surface water within and adjacent to the L’Anse reservation is a drinking water source, and critical for both human and environmental health in KBIC, L’Anse, and Baraga. (Superior Watershed Partnership photo)