The Keweenaw Bay Ojibwe
Binaakwe Giizis – Falling Leaves Moon - October 2018

Issue 171

PRESIDENT SWARTZ GRAND MARSHALL
AT PARADE OF NATIONS 2018

Keweenaw Bay Indian Community’s Tribal President, Warren “Chris” Swartz, Jr., was honored as Grand Marshall for the 29th annual Parade of Nations. Michigan Technological University’s annual event’s theme this year was “Global Beats, International Treats”, and it took place September 15, 2018.

Participants and community bystanders were able to view many cultures through floats, flags, clothing, and food. Beginning on Quincy Street in Hancock, the parade of culture moved across the Portage Lake Lift Bridge down Sheldon Ave. in Houghton, ending at Dee Stadium. A multicultural festival was held at Dee Stadium where International foods and craft vendors were available to visit. Music and dancing exhibitions from many countries were also enjoyed by guests.

Miss Keweenaw Bay, Alana Schofield; Miss Jr. Keweenaw Bay, Dalanna Connor; KBIC Dancers; Woodland Drum; and the KBIC Cultural Committee members participated in the parade and exhibition. George DeCota, Wiikwedong Ogichidaa Society/KBIC Honor Guard, carried KBIC’s Eagle Staff. George Garceau, Virgil Loonsfoot, Joe served as emcee for the dance exhibition. Everyone did an awesome job, and the KBIC float took first place!

NEW DAY HOLDS SOBRIETY/OPIOID PREVENTION POWWOW

The KBIC New Day Treatment Program held a Sobriety/Opioid Prevention Powwow on September 8, 2018, at the Ojibwa Campgrounds. Head Dancers were Donald Chosa, Jr., and Karlene Chosa. Head Veteran duties were split with George DeCota at 1 p.m. grand entry and Rodney Loonsfoot at 6 p.m. grand entry. Stanley Spruce served as emcee. The Wiikwedong Ogichidaa Society/KBIC Honor Guard, carried KBIC’s Eagle Staff. George Garceau, Virgil Loonsfoot, George Garceau, Virgil Loonsfoot, Joe served as emcee for the dance exhibition. Everyone did an awesome job, and the KBIC float took first place!

~ by Lauri Denomie, Editor
The Keweenaw Bay Indian Community held a Ground Breaking Ceremony for the Keweenaw Bay Indian Community’s Halfway House project on September 6, 2018. The Halfway House will be located on Brewery Road, L’Anse, just across the road from the New Day Residential Treatment Center. The Halfway House concept or step-down program came from a need identified by the Community. The focus is on those in recovery from substance abuse who would benefit from having a longer period to reintegrate into the Community after they complete residential treatment. The Halfway house will be run by the Keweenaw Bay Indian Community’s Substance Abuse Programs and will have the capacity for up to 12 Native American clients.

The building was designed by UPEA, Inc., and the construction bid was awarded to Grand River Community Development, an American Indian owned company. The Halfway House project’s total cost is $817,110 and is funded through a grant provided by the Department of Housing and Urban Development Indian Community Development Block Grant or HUD ICDBG for $600,000, with the remaining funds coming from the Tribe.

The timeline for substantial completion is approximately six months. The halfway house will be approximately 4,500 square feet and will house the KBIC Outpatient Clinic as well. Both of these substance abuse programs are internationally accredited through the Commission on Accreditation of Rehabilitation Facilities (CARF). It is the goal of the Tribe to deliver quality services and for it to be sustainable in nature. A naming and slogan contest for the facility was held with a deadline of September 30, 2018. The selected name has not been released as of print date.

Pictured to the left are (left to right): Doreen Blaker, KBIC Council Treasurer; Susan J. LaFernier, KBIC Council Secretary; Sarah Smith, Assistant CEO; Duane Misegan, Chief of Police; Jennifer Misegan, KBIC Vice President; and Jeanne Hirzel, Director of Substance Abuse Programs. Chief Duane Misegan and Jeanne Hirzel are part of a Community Policing group that identified this need and have been instrumental in making this a reality.

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KBIC SOLAR PROJECT WINS AWARD

The Keweenaw Bay Indian Community was awarded the HHS Green Champions “Sustainable Design and Facilities” Award for the KBIC Solar Project. The award was issued on September 13, 2018, at the 2018 Bemidji Area Annual Director’s Awards Ceremony held at Bemidji State University Campus. The entire KBIC Committee for Alternative & Renewable Energy (CARE), President Warren C Swartz, Jr., and Jason Ayres, as the CARE President are all part of the nomination. This is a significant accomplishment for KBIC!

The KBIC Solar Project consisted of two installations. The first solar arrays were installed behind the Tribe’s New Day Treatment Center which was completed in November of 2016. The second installation was completed in July of 2017 and is located on the north side of M-38 across from the Donald LaPointe Medical Facility. Annually, the solar arrays are saving the Tribal businesses approximately $15,000 a year at the Donald LaPointe Medical Facility and $10,000 a year at the New Day Treatment Center. The Tribe plans to secure funding to expand the project and sustain natural resources.

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EDUCATION INCENTIVE PROGRAM

The Keweenaw Bay Education Committee offers the Education Incentive Program to local KBIC tribal students. Monetary incentives are awarded at the end of each of the four marking periods of the academic year. Awards are given for Honor Roll and Perfect Attendance. Students must meet the following criteria:

1. Must be enrolled KBIC members.
2. Must reside in one of the following four counties: Baraga, Houghton, Ontonagon, or Marquette.
3. Must attend a public or private school.

A student’s Honor Roll status is defined according to the regulations of their school district. Students in grades 4 through 12 are eligible to receive this award.

Perfect Attendance follows the school policy also, but time for doctor or dental appointments and funerals may be allowed. Please contact the following people for more information:

- L’Anse Area Schools – Shelle Denomie 524-6000 ext. 369, sdenomie@laschools.us
- Baraga Area Schools – Helen Jondeau 353-6661 hjondeau@up.net
- All others contact Amy St. Arnold 353-4117 amy@kbic-nan.org
- Houghton, Ontonagon, and Marquette County students must provide a copy of the student report card. If attendance is not noted on the card, please have a school official document by signature. Report cards may be mailed to Keweenaw Bay Tribal Center, Education Office, 16429 Beartown Rd., Baraga, MI 49905.

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PUBLIC ANNOUNCEMENT

Is your charitable organization planning on holding a raffle or selling raffle tickets on the L’Anse Indian Reservation?

Federal law, through the Indian Gaming Regulatory Act, granted Tribes exclusive right to regulate gaming activity on Indian lands. Even if you or the members of your organization are not tribal members, the Keweenaw Bay Indian Community Gaming Commission has the authority to regulate your raffle. It is unlawful to game without a license.

Please contact the KBIC Gaming Commission Office at (906) 353-4222 or stop by the office located at the Tribal Center for an application and a copy of the rules and regulations.

Application deadline for submission of ALL Class I Drawings is 30 days and Class II Raffles is 60 days prior to your event. License Fee will be waived when the application is received within this timeline.
The Regular Monthly Tribal Council Meeting was held on Saturday, September 8, 2018, at the Big Bucks Hall in Baraga, Michigan. Vice President Jennifer Misegan presided over the meeting with Susan J. LaFernier, Toni Minton, Doreen Blaker, Robert R.D. Curtis, Jr., Randall Haataja, Michael F. LaFernier, Sr., Rodney Loonsfoot, and Elizabeth D. Mayo present. Warren C. Swartz, Jr., Fred Dakota, and Gary F. Loonsfoot, Jr., were not present.

Vice President Misegan shared numerous Thank you and For Your Information items addressed to Council.

Vice President Jennifer Misegan gave the Vice President’s Report (page three), Secretary Susan J. LaFernier gave the Secretary’s Report (page four), and Larry Denomie III gave the CEO’s Report (page five). Council approved the Department Head Reports for August 2018.

Bob Wenc, Committee Chair of the Parade of Nations, presented Council with a gift of appreciation (tee-shirts) for their sponsorship of the Parade of Nations. Mr. Wenc also made it known that Tribal President Warren “Chris” Swartz, Jr. had accepted their offer to be Parade Grand Marshall for the event.

Under new business: Tom Chosa, Director of Fire and Emergency Management, presented one bid for a 2009 F-350 Truck Motor as it has to be replaced. He had requested a number of bids from other businesses but never received them. The amount of money is included in his current budget. Motion by Rodney Loonsfoot to approve the bid JBS Diesel Repair for $17,589.74, supported by Robert R.D. Curtis. Eight supported (S. LaFernier, Minton, Blaker, Curtis, Haataja, M. LaFernier, R. Loonsfoot, Mayo), 0 opposed, 0 abstained, three absent (Swartz, Dakota, G. Loonsfoot), motion carried.

Tribal Attorney Danielle Webb and KBIC Head Start Director Terri Denomie presented Council with a KBIC Tribal Head Start Program License to operate at the Pre-Primary Building in Baraga. It will provide 20 full-time slots for children who will be able to be dropped off at 7:50 a.m. Motion by Rodney Loonsfoot to approve the KBIC Tribal Head Start Program Business License, supported by Doreen Blaker. Eight supported (S. LaFernier, Minton, Blaker, Curtis, Haataja, M. LaFernier, R. Loonsfoot, Mayo), 0 opposed, 0 abstained, three absent (Swartz, Dakota, G. Loonsfoot), motion carried.

Treasurer Doreen Blaker presented the September 2018 donation request. Rodney Loonsfoot approved. September 2018 donations as: Refer Beacon House to the 2% Distribution; $100.00 for Michigan Education Trust Scholarship Benefit for Former Foster Youth; Refer Freedom Reins Horse Club donation request to the Casino; $2,000.00 to MTU AISES Powwow; $500.00 to Omega Hole-in-One, $100.00 for sponsorship in the Mike Hazen Memorial Golf Tournament requested by Martin Curtis and team; $1,000.00 to Congressman Doug LaMalfa contribution request; $1,000.00 to Congressman Don Young contribution request; $1,000.00 to Representative Tom McClintock contribution request; $1,000.00 to Representative Dan Kildee contribution request; $1,000.00 to Representative Betty McCollum contribution request; $1,000.00 to Congresswoman Debbie Stabenow contribution request; $500.00 to Representative Jack Bergman (previously approved $1,000.00) contribution request for a total of $1,500.00. (Approved by Robert R.D. Curtis, and Doreen Blaker) Seven supported (S. LaFernier, Minton, Blaker, Curtis, Haataja, M. LaFernier, R. Loonsfoot), 0 opposed, one abstained (Mayo), three absent (Swartz, Dakota, G. Loonsfoot), motion carried.

Council moved into closed session with Doreen Blaker for a judicial donation request. Attorney Danielle Webb with Casmellan and Henderson, P.C. contract for legal services.

Council made the following motions upon returning to open session, prior to adjournment.

Motion by Doreen Blaker to approve the Legal Services Contract with Casmellan and Henderson and pay the fees on behalf of Jennifer Misegan in her individual capacity in the matter of KBIC vs. Khou et al., supported by Tom Minton, Seven supported (S. LaFernier, Minton, Blaker, Curtis, Haataja, M. LaFernier, Mayo), 0 opposed, 0 abstained, four absent (Swartz, Dakota, G. Loonsfoot, R. Loonsfoot), motion carried. Motion by Elizabeth D. Mayo to approve a donation to the Peed Family Scholarship Fund of $600.00 going through the CAP Office, supported by Robert R.D. Curtis, Jr. Seven supported (S. LaFernier, Minton, Blaker, Curtis, Haataja, M. LaFernier, Mayo), 0 opposed, 0 abstained, four absent (Swartz, Dakota, G. Loonsfoot, R. Loonsfoot), motion carried.

- Submitted by Lauri Denomie, Newsletter Editor

VICE PRESIDENT MONTHLY REPORT FOR AUGUST

Casino Projects
I participated in a conference call along with Larry Denomie, CEO; and Francis LaPointe, CFO; with representatives of Superior National Bank and Fifth/Third bank regarding the financing of our casino projects. Francis is working with Autumn Gillow from Fifth/Third who is currently waiting for adjusted revenue amounts and a revised capital expenditures listing from Don Wren, Casino GM. Once those are received Francis will develop an updated Revenue allocation plan or RAP and submit to Autumn. Francis will present the financing options once that is all complete.

Tobacco Manufacturing
There were a few weeks this past month that I was very busy with our tobacco businesses. I was completing orders and handling the day-to-day operations. Thankfully, we found someone who was able to assist us, but has since decided this wasn’t the job for them due to health reasons. The Board will be discussing our future needs and developing a new plan.

A production team from Seneca Manufacturing was here the week of August 13 working with our employees. Unfortunately, there were many problems with the machines, and the Tribal council took longer than expected. The good news is that we now have a trained Operator. Nathan Sherman was trained and will now be covering those responsibilities during our productions. We were also able to employ seven members and one descendant during the make.

Controlled Substance Taskforce
The draft changes are almost complete and will be coming to the Tribal Council for consideration in the near future. These proposed changes will help combat the methamphetamine problem as well as the opioid crisis on our reservation.

Miscellaneous
I attended an Opioids in Pregnancy seminar that was sponsored by New Day Treatments Center this past week. It was very educational and not what I was expecting. The subject was presented from the mother’s perspective. The presenter was Melissa Copenhaver, who is a DNP practicing in the Upper Peninsula. We are hoping to bring her back to provide specialized training to our childcare providers and foster parents on the needs and care of drug exposed infants and children.

The groundbreaking ceremony for our halfway house was held yesterday. It was a beautiful ceremony, and special thanks is given to our Community Policing group.

There was also a presentation that was requested at the meeting with the US Attorney’s office, by BIA Law Enforcement and UPSET on the signs and symptoms of drug abuse. It was a great presentation, again with lots of good information.

I want to remind the Tribal Council of the dinner honoring the Foster Parents of our tribal children on Monday evening at 5:30. We currently have 44 children in our care and have never needed foster parents as much as we do now. This will be an opportunity to thank those who have stepped up and have welcomed those children into their hearts and homes. Please try to come and if you haven’t RSVP’d already, let me know and I will pass it along. Helen Keller said, “Alone we can do so little, together we can do so much.”

As Doreen Blaker, Gary Loonsfoot, Jr., Warren “Chris” Swartz, Jr., and I prepare to travel to Washington, DC to meet with members of the Senate and Congress about our Canal Land Claim, the loss of the section 106 of THPO fees and Tribal Sovereignty, next week, we need your prayers and support. Traveling to Washington is never a light, easy trip, and when we go, we feel the responsibility on our shoulders.

Respectfully submitted,
Jennifer Misegan

(3) Niswi
Tribal Council Secretary’s Report for the Month of August 2018

**ANIN! We honor the greatness in you.** Remember: “Indian Country Counts” “Our People, Our Nations, Our Future”

We continue to recognize the richness of Native American contributions, accomplishments, and sacrifices to the political, cultural, and economic life of Michigan and the United States.

Thanks everyone for a wonderful Tribal Government Picnic held on August 24, 2018. One-hundred-eighty employees attended the event and all received a cash prize or gift card as well as prizes for the games.

I wanted to report that the “Let’s Eat (Community Meals) Program held at St. Ann’s Catholic Church in Baraga has had great attendance. The Tribe sponsors this meal one-month out of the year. In July there were 88 guests and in August 81.

On August 7, 2018, I gave a deposition regarding our State sales/use tax case regarding refunds/claims. You will be receiving more information on this case. The Ojibwa Express Convenience store in Marquette, Michigan closed on August 15, 2018, temporarily and the tentative re-opening date is September 12, 2018. Thanks to everyone for working hard for this re-opening. There is a new Aanikoosing, Inc. Board of Directors and in the near future there will be postings for new directors with business experience.

Miigwech! Have a happy fall! Mino-Bimaadizin “Live Well”

Respectfully, Susan J. LaFernier

During August, the Tribal Council held one Regular Council meeting on Saturday, August 4, 2018, five Special Council meetings on August 9, 15, 16, 21, and 23, 2018, and one Work Session meeting on August 30, 2018. Following are the unapproved minutes. This report will be published in the KBIC “Wikwedong Dachi-Ojibwe” newsletter, and the approved minutes may also be found on the Keweenaw Bay Indian Community Website.

**August 4, 2018 Regular Council Meeting (unapproved):**
- Approved the Tribal Council Vice President’s July 2018 Report (Jennifer Misegan).
- Approved the Tribal Council Secretary’s July 2018 Report (Susan J. LaFernier).
- Approved the May-June 2018 Department Head Reports.
- Approved Tier III Services Agreement with RC Mechanical, Inc. (Hancock) to remove and replace a roof top air conditioning unit for the Pressbox (Baraga Casino).
- Approved the August 2018 donations: $25.00 L’Anse Ladies Golf League (Tournament); $250.00 World War II Veterans Committee; $250.00 Leukemia & Lymphoma Society 2018 Annual Support; $1,000.00 5th Annual Baraga County Suicide Prevention Awareness Walk Committee; $380.00 Baraga County Community Foundation (Tony Selkey Memorial Golf Scramble); $500.00 St. Jude’s Children’s Research Hospital; and $2,000.00 MI Technological University 2018 Annual Parade of Nations.

**August 9, 2018 Special Council Meeting (unapproved):**
- Approved the KBIC NRD Terrestrial Invasive Species Management Plan.
- Approved Resolution KB 029-2018, which approves the sale of the leasehold interest and improvements and transfers the recreational lease from Shawn A. Seppanen to Donald R. Chosa in L’Anse Township.
- Approved the sale of a KB Housing Department home to Applicant #1 (three applicants) on Beartown Road per the KBIC Housing Department Home Ownership Program Lease to Own Policy.
- Approved the McKesson Pharmacy Systems LLC Master License Agreement and Enterprise Rx License Contract Supplement and the Intercon Associates, Inc. Software End User Licensing Agreement (for labels and warning paperwork) pending the Health Director’s review.
- Approved the REDW CPA’s Business Engagement Agreement for the two day training (50 participants) on Purchasing, Contracting, and Implementation of Federal Uniform Guidance, 2 CFR Part 200 in August 2018 for $19,750.00.
- Denied a KBIC Housing Department waiver request but to offer the market rate rental house, and they must work to prepare the house for living.

**August 15, 2018 Special Council Meeting (unapproved):**
- The Council learned that the Ojibwa Express Convenience Center in Marquette closed on August 14, 2018.
- Approved to remove Andrew Chosa from the Aanikoosing, Inc. Board of Directors for cause.
- Approved to remove Anthony Rabitaille and Roy D. Koski, II from the Aanikoosing, Inc. Board of Directors for cause and replace them with Randall R. Haataja, Robert R.D. Curtis, Jr., and Susan J. LaFernier (Alternate).
- Approved the Stock Repurchase Agreement (shares) with Keweenaw Financial Corporation.

**August 16, 2018 Special Council Meeting (unapproved):**
- Approved the May 21, 2018 Tribal Council meeting minutes.
- Approved the May 24, 2018 Tribal Council meeting minutes.
- Approved the addendum to the Memorandum of Cooperative Agreement with Inter-Tribal Council of MI for the Healthy Start Initiative which added additional funding.
- Approved the renewal Child Care Center License for the KBIC Pre-Primary Education Program for one year.
- Approved the business license renewal for Jimaganish Wadokaged-Veteran’s Organization/Non-profit Bar/Food Sales (Richard Geroux) for one year.
- Approved the Tier III Services Agreement with MJP Consulting, LLC to provide the KBIC Health Department Infor- mation technology (IT) Services for one year.
- Approved the Memorandum of Cooperative Agreement with Inter-Tribal Council of MI, Inc. for the Three Fires Comprehensive Cancer Control Program until June 29, 2022.
- Approved the Participating Agreement with the United States Department of Agriculture Forest Service’s Ottawa National Forest until March 2023 to prevent and manage non-native invasive species.
- Approved the bid from Enterprise Systems Group (ESG) for the “voice over internet protocol (VOIP) system for the Tribal Center for $36,496.56 (IT Department).
- Approved the Chief Pharmacist Employment Agreement with Richard Brantner, R.Ph., with the Health and Human Services Department for three years.
- Approved a loan to Aanikoosing, Inc. for $100,000.00 from the settlement funds.

Special Council Meetings held August 21, 2018, and August 23, 2018, and Work Session Council Meeting held August 30, 2018, will be included with the next Secretary’s Report.

Respectfully Submitted,
Susan J. LaFernier

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Happy Birthday To Our Eldest Seniors

Kwesenaaw Bay Indian Community wishes our Ojibwa Seniors who are 80-years and older in this month a very Happy Birthday!“Old age is like everything else. To make a success of it, you’ve got to start young.” — Fred Astaire

Laurel M. Ballingall
Donald E. Barrette
Rose Mary Haataja
Aurelia A. Hull
Gertrude A. Jones
Aurelia A. Hull
Donald E. Barrette
Laurel M. Ballingall

To place an ad, submit an article, or relate information, ideas, or possible articles contact: Laurie Denomie at (906) 201-0263 or e-mail: newsletter@kbic-nsn.gov.

Happy Birthday To Our Eldest Seniors

To be added to the mailing list or to correct your mailing address, please call the enrollment office at (906) 353-6623, ext. 4111.

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We have been able to fill two director level positions and one has decided not to retire just yet. Carole LaPointe, our former Health Director, began filling the role of OVW Team Lead for the Office of Violence Against Women programs and Caitlin Bowers will begin working as the Tribes Social Services Director on September 17. Cherie Dakota is currently serving as Interim Social Services Director. The Tribe’s Pre-Primary Program Director, Lisa Denomie, had tendered her notice of retirement but has since rescinded her decision.

The Tribe has provided space within its Pre-primary program’s building to the Inter-Tribal Council of MI for expansion of their early childhood programs. Terri Denomie, Director of the Head Start/Early Head Start programs for ITC, has classrooms in Zeba but had an opportunity to add another classroom for Head Start aged children. The classroom opened its doors in Baraga this week.

We received an update on the renewal rates for the health care plan provided to employees of KBIC. Initially, based on a two-year deal agreed to last year, the Tribe would be experiencing a 3.5% decrease in the plans costs. Because claims paid were even less than predicted, an even higher decrease is expected. We should have the actual costs within the next 30 days.

On July 11, I provided deposition testimony related to the Tribes litigation with the State of MI over sales and use taxes and tobacco seizures.

The annual budget preparation work for Fiscal Year 2019 is well underway. Sarah Smith, Assistant CEO, developed the template used across the Tribe and prepared the submitted budgets for Council review sessions, which will begin the week of September 17. It is anticipated that this year’s work will again be tedious, and the balancing act will not be easy.

Brad Worthley of Brad Worthley International was back on-site to perform additional service culture training sessions for staff the week of August 6. On August 6, I met with Brad to review the results of the second employee surveys he conducted. The results of the survey were less than expected, and employee participation was down from the first surveys conducted. He has provided the survey results by department, and the information will be shared with each director who will then share it with their staff.

Training will be taking place on September 18 and 19 for directors related to changes in the Tribes Purchasing and Procurement policies to come in line with federal requirements. We recently received notice that another change at the federal level has occurred and will require another review by Council. Sarah Smith will be bringing that forward for your consideration prior to the training.

The Ojibwa Express Convenience store located in Marquette closed its doors on August 15. Andy Chosa, former Aanikoosing, Inc. board member, made the decision. Tribal Council replaced several board members and much work has taken place to reopen the store next week.

The Tribe invested nearly $70,000 to hire the firm of Joseph Eve to provide assistance in updating the Tribal Internal Control and Written Internal Control documents used by the casinos and Gaming Commission to regulate and provide processes and procedures for staff operations. The draft documents, which were requested to be written to national standards, were presented, and work continues to get them in final form.

The casino projects are moving forward. I attended a meeting at the Marquette site on August 29, and it is very evident that project is well underway. The area where the new casino is being built is completely excavated and forms are set to begin pouring concrete for the entertainment venue. Gundlach Champion, our general contractor, and their subcontractors have accomplished a lot since the Guaranteed Maximum Price proposal was approved in late June. We recently posted for a Facilities Manager position who will take on the role of project manager for KBIC. The position will also serve long-term as the manager of both casinos facilities. We are also working on installing an internet-based camera, so internal viewing of the projects progress can occur from anywhere. Currently, photos of the progress are being taken, and I will provide those at your upcoming meeting.

Respectfully submitted,
Larry Denomie III
The Wiikwedong Ogichidaa Society (KBIC Honor Guard) hosted the 18th annual Gathering of Eagle Staffs at the KeWEENAW Bay Indian Community’s Zeba Community Center, the weekend of September 21-23, 2018. The event began Friday evening where participants visited and enjoyed a spaghetti dinner together. Early Saturday morning, they lit the sacred fire for the Eagle Staff Gathering. A Sunrise ceremony was held at 5:00 a.m., followed with breakfast being served. Grand Entry for all Eagle staffs was held at 9:00 a.m. The rest of the weekend was spent with Eagle Staff teachings being offered from all of the fourteen registered Eagle staffs from various Tribal Nations.

Chris Pheasant, emcee for the event, said, “The Gathering of Eagle Staffs began 18 years ago when Doris Bossineau of Manitoulin Island had a dream. She couldn’t decipher what that dream meant and spoke with George Martin, a spiritual leader and Veteran, for guidance. The first Gathering of Eagle Staffs was then held in Sault Ste. Marie, Michigan, at a Sault College. From there on the events have been held at a different location throughout Indian Territories reaching from Canada, Michigan both upper and lower peninsulas, and into Wisconsin, but there are no real boundaries. George Martin has been there since day one of the first Gathering of Eagle Staffs. Today he is serving as Head Veteran.”

Rodney Loonsfoot, Wiikwedong Ogichidaa Society/Veteran’s Service Representative, said “Each year another community will come forward and offer asemaa to host the event the following year. Last year the Gathering of Eagle Staffs was held at the Bay Mills Indian Community, and we offered our asemaa. KBIC is the furthest west this event has been held. We had a whole year to plan and raise funds to hold this year’s event. A sizeable donation made by our Tribal Council and with Wiikwedong Ogichidaa Society fundraising we are holding a grand event today for our Eagle Staff carriers and honored Veterans here at the Keweenaw Bay Indian Community this year.”

~ by Lauri Denomie, Editor

**KBIC Breastfeeding Support Circle**

**First Wednesday of Every Month**

**KBIC Health System Upstairs Conference Room**

1-3 PM

For those that breastfeed, thinking about breastfeeding, or are currently breastfeeding

- Social outlet for new and experienced mothers
- Snacks
- Mother-to-Mother Support
- Transportation is available Register with Dawn for reminder calls: 353-4521

Make & Take Craft

**Wiikwedong Ogichidaa Society Monthly upcoming meetings, held at 6:00 pm — October 17, November 21, and December 19. Meetings are subject to change. Special meetings for Powwows/funerals will be announced.**

GATHERING OF EAGLE STAFFS HELD AT KEWEENAW BAY INDIAN COMMUNITY

The Wiikwedong Ogichidaa Society (KBIC Honor Guard) now has two new Veteran Memorial Silhouettes for sale. Memorials are four feet high and five feet wide. This Memorial Silhouette is perfect for your yard to remember the sacrifices of all our Veterans. Perfect for all holidays as gifts. Memorial silhouettes are custom made to order by our KBIC veterans. Please help support our Wiikwedong Ogichidaa Society. COST: $150.00.

Please call Rodney Loonsfoot @ 353 VETS or 201-4448 to place your order or e-mail rodley@kbic-nsn.gov. Please indicate cross or eagle staff. All proceeds will go towards veteran programming and activities.

Miigwech for your future kindness.

 rodley@kbic-nsn.gov

(6) Ningodwaaswi
Chelsey LaFernier Memorial Walk for Domestic Violence

Saturday, October 13th
Walk will begin @ Noon

Registration starts at 11:30 a.m. at the corner of McGillan and Lyons St. The walk will end at the Niiwin Akeaa Facility with a feast, guest speaker, and silent auction.

Don't miss out: A Water Ceremony will be held at Sand Point at 9:00 am in conjunction with the walk.

Please call 906.353.4599 for more information.

Sponsored by KBIC OVW Programs & Services, USDOJ OVW Project # 2017-TW-AX-0059
Why a Mammogram? Here’s why.

One in eight women will develop breast cancer in their lifetime. The American Cancer Society recommends these cancer screening guidelines:

- **Women ages 40 to 44** should have the choice to start annual breast cancer screening with mammograms (x-rays of the breast) if they wish to do so.
- **Women ages 45 to 54** should get mammograms every year.
- Women 55 and older should switch to mammograms every two years or can continue yearly screening.
- Screening should continue as long as a woman is in good health and is expected to live 10 more years or longer.
- **All women** should be familiar with the known benefits, limitations, and potential harms linked to breast cancer screening.

Women should also know how their breasts normally look and feel and report any breast changes to a health care provider right away.

Some women—because of their family history, a genetic tendency, or certain other factors—should be screened with MRIs along with mammograms. (The number of women who fall into this category is very small.) Talk with a health care provider about your risk for breast cancer and the best screening plan for you.

**Important things to know about mammograms**

They can save your life. Finding breast cancer early reduces your risk of dying from the disease by 25-30% or more. Women should begin having mammograms yearly at age 40, or earlier if they’re at high risk.

Don’t be afraid. Mammography is a fast procedure (about 20 minutes), and discomfort is minimal for most women. The procedure is safe: there’s only a very tiny amount of radiation exposure from a mammogram. To relieve the anxiety of waiting for results, go to a center that will give you results before you leave.

Get the best quality you can. If you have dense breasts or are under age 50, try to get a digital mammogram. A digital mammogram is recorded onto a computer, so doctors can enlarge certain sections to look at them more closely.

There is an estimate of 200,000 new cases of breast cancer that will be diagnosed, and it’s estimated to cause 41,400 deaths in 2018. Approximately six out of every 10 cases are diagnosed at the localized stage, the five-year survival rate for these cases is 96%.

Overall, female breast cancer death rates have been declining since 1989 in the US, in part, due to early detection by mammography screening and treatment. The most common cancers to be diagnosed in women are breast, lung, and colorectal cancers, which combined represent one-half of all cases; breast cancer alone accounts for 30% of all new cancer diagnoses in women.

Submitted by Mary Dee Shanahan, LPN
Community Health Representative
Statistics from American Cancer Society

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**Services Announcement**

The Michigan DHS Indian Outreach Worker (IOW) will have weekly hours at the KBIC Health System to assist Native American people in their efforts to achieve, maintain, or maximize economic self-support, self-sufficiency and self-determination; by helping the people to access resources and programs offered through the Department of Health and Human Services. This may include, but is not limited to, assisting in completing applications for assistance, answering questions, helping to obtain and submit needed verifications to establish eligibility.

An IOW can address family, individual, and elder needs by providing assistance with emergencies, transportation, vital program information, Social Security, Medicaid/Medicare Assistance program forms, and by conducting home visits to check on the welfare of the client.

For more information or to learn Indian Outreach Worker hours at KBIC Health System, contact Isabelle Welsh at 906-201-2511 or welsh@mghigan.gov.

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**Think Pink**

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**Car Seat Safety Tips**

The best way to keep your child safe in the car is to use the right car seat in the right way. Here are some car seat safety tips to protect your most precious cargo.

**Hard Facts about Safety in Cars**

- Road injuries are the leading cause of preventable deaths and injuries to children in the United States.
- Correctly used child safety seats can reduce the risk of death by as much as 71 percent.
- Three out of four car seats are not used or installed correctly.

**Top Tips about Car Seat Safety**

**Buying the right car seat.** Your baby needs to ride in a rear-facing car seat as long as possible, at least until age two. When your child has outgrown that seat, you are ready for a forward-facing car seat. Get more details about buying the right car seat for your child at www.safekids.org/tip/buying-right-car-seat.

**Installing your car seat.** You’ll need to decide on using either the seat belt or lower anchors to secure your car seat. Both are safe, but don’t use them both at the same time. Once your child is forward-facing, it is important to use the tether with the seat belt or lower anchors. Get more details about installing your car seat at www.safekids.org/tip/installing-your-car-seat or contacting the Child Passenger Safety Technicians at KBIC Health System.

**Getting the right fit.** A properly-fitted 5-point harness gives the best possible protection for your child. Check the label for the weight and height range of the harness. Use the correct harness slots and belt placement. Get a snug fit. Do a pinch test and remember bulky winter coats can prevent a snug fit of the harness.

**When to change your car seat.** Look on the car seat label to make sure your child is still within the weight, height, and age limits for that seat. Don’t be in a hurry, because every step forward reduces safety a bit. For more information about when to change your child’s seat or what to do with the old car seat visit www.safekids.org/tip/when-change-your-childrens-car-seat or contact a Child Passenger Safety Technician at KBIC Health System.

**Learn More**

Many kids spend a lot of time in the car, so it is important to learn how to keep them safe on the road. There’s a lot to know. Learning about car seat safety can protect your child.

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**Upcoming Events:**

- Walk in Flu Shot Clinic, Tuesdays in Oct. 8:30 am - 4:30 pm
- Car Seat Clinic, by appointment
- Parent Circle, October 9th 5:30 pm, please register
- Diabetic Foot Clinic, Oct. 10th & 24th, by appointment
- Matter of Balance, starts October 16th, 2-4 pm, please register
- Diabetic Talking Circle, October 17th .11 am-1 pm
- Blood Drive, October 19th, 10 am - 2 pm
- Canning Class, to be announced
- Breastfeeding Support Group, November 7th, 1 - 3 p.m.
- Survivors of Suicide Loss Support Group, Nov. 6th, 5:30 p.m.

For more information our services and programs call at 353-4521, visit us on facebook, or kbchealth.org.

**Stop by our second floor waiting area and check out the our education table; new topic every month.**
Cold Versus Flu

Is it a common cold or the dreaded flu?

Cold

• Signs and Symptoms
  - Fever
  - Body aches
  - Chills
  - Fatigue, weakness
  - Runny or stuffy nose
  - Hoarse voice
  - Cough

• Cold Gradual
  - Prolonged
  - Slight

• Flu
  - Signs and Symptoms
    - High fever
    - Body aches
    - Fatigue
    - Cough
    - Runny or stuffy nose
  - Cold Gradual
    - Prolonged
    - Slight

Update for September 2018 from DHHS Health System

Cold Versus Flu

You've got the sniffles, you're tired, and you can't stop sneezing. Is it a common cold or the dreaded flu?

Some people have bad hair days, others have bad belly days (heaven forbid they have that both at once!). Gas, bloating and abdominal pain are a huge bother. For most people they are occasional problems. They can be caused by eating or drinking too much, or eating or drinking too fast, or by stress. The solution is clear— you learn not to overindulge (food or drink), or to avoid the offending food. In the case of acute stress, it eventually resolves.

But for some people, abdominal pain, bloating and either constipation or diarrhea become chronic problems, and the cause can be difficult to pinpoint. Irritable Bowel Syndrome, or IBS, is now the focus of a lot of study. IBS is sort of a catch-all term for various conditions that cause abdominal pain or tenderness, diarrhea or constipation (sometimes these alternate in the same person). In its various forms, IBS affects around 11% of the population, and is twice as common in women as men. While IBS does not lead to serious damage to the intestinal tract (it does not cause colon cancer), it can feel awful and bowel problems can be very disruptive to daily living. Some people have to adjust their daily activities so that they are never too far from a bathroom. This limits their opportunities to travel, or even to take a walk in the woods.

Chronic abdominal pain is a big distraction in all aspects of daily life.

IBS has many possible causes. Too much stress, mood problems like anxiety or depression, lack of sleep, and lack of exercise can all play a role. Research has also focused on food intolerance. FODMAPS intolerance is now considered to be a factor. FODMAPS refers to certain sugars and other carbohydrates that don’t get digested by the normal digestive process, but instead are digested by the body’s resident bacteria. The term FODMAPS (FODMAPS is an acronym for Fermentable Oligo-, Di- and Mono-saccharides And Polyols) People with FODMAPS intolerance often get painful bloating and pain from vegetables like baked beans, asparagus, cabbage, and broccoli; fruits like peaches and apricots; and high fructose corn syrup. Lactose intolerance is also present too (lactose is the sugar in milk). Some people even have limited tolerance to grains. Treating FODMAPS intolerance can be tricky, but it’s worth the effort to have a comfortable digestive tract. Treatment of FODMAPS intolerance requires a period of eliminating the foods known to be high in the problem carbohydrates and waiting until symptoms resolve. Then, small amounts of those foods are added back, one at a time, to see what the tolerance level is for each food. To work with health professionals knowledgeable about FODMAPS (like your nutritionist and your doctor) get the best results.

In addition to eating the right foods, it helps to eat smaller meals, with some healthy snacks in between, rather than large meals. Eating on a fairly regular schedule and not skipping meals can help too. Avoiding carbonated beverages often helps reduce bloating. Other good advice is to get enough sleep and to maintain a fairly consistent sleep schedule.

The diagnosis of IBS should be made with the help of your doctor. Abdominal symptoms can be caused by other diseases of the intestinal tract (cancer, inflammatory bowel disease, cirrhotic problems, etc). Blood in the stool, sudden changes in bowel function and sharp abdominal pain should be evaluated promptly. But once you have ruled out other problems, some adjustment to diet can help manage most cases of IBS.

ATTENTION: KBIC REGISTERED VOTERS

The Keweenaw Bay Indian Community is holding its Primary Election on Saturday, November 3, 2018.

Absentee ballots shall be available to those registered Voters who are physically unable * to go to the Polling Place on Election Day, or those who will be out of town on official business, a full-time student attending college, vacation, or medical problem.

These persons requesting an absentee ballot must do so IN WRITING to the KBIC Election Board, 16429 Bear Town Road, Baraga, MI, by Friday October 12, 2018.

Voters who are approved for absentee ballots, will be mailed an absentee ballot. Absentee ballots must be returned by mail to the designated Post Office Box.

* For those voters who are physically unable to go to the polls, an Election Worker will come to your home on Friday, November 2, 2018.

(9) Zhaangaswi
**TRIBAL COURT CRIMINAL SENTENCES**

The Tribal Court has agreed to comply with the request of the Keweenaw Bay Indian Community’s CEO’s office to publish criminal sentencing on a routine basis.

**Ryan McGeshick, case #18-082, §3.1706, Disobedience of lawful court order – 1st offense**

Sentencing on 08/20/2018, §18-082, §3.1706:

1. Fine $100.00
2. Twenty-five days jail, credit for one day jail served, served nine days jail, 35 days jail suspended pending successful completion of all aspects of probation. Defendant shall be financially responsible for the costs of lodging, and any expenses incurred while incarcerated. Defendant shall report to the County Jail on 09/01/2018, at 9:00 a.m.
3. Twelve months of standard alcohol and drugrestricted probation with a $10.00 monthly probation fee. Defendant shall be responsible for all costs of drug and PBT testing, if any.
4. Defendant shall obtain a substance abuse screening and follow all recommendations of this screening until successfully discharged.

**Ryan McGeshick, case #18-082, §3.1706, Controlled substance (marijuana, possession) – 1st offense**

Sentencing on 08/20/2018, §18-082, §3.1706:

1. Fine $100.00
2. One-hundred-eighty days jail, 180 days jail suspended pending successful completion of all aspects of probation. Defendant shall be financially responsible for the costs of lodging, and any expenses incurred while incarcerated.
3. Twelve months of standard alcohol and drug restricted probation with a $10.00 monthly probation fee. Defendant shall be responsible for all costs of drug and PBT testing, if any.
4. Defendant shall obtain a substance abuse screening and follow all recommendations of this screening until successfully discharged.

**Ryan McGeshick, case #18-082, §3.1706, Controlled substance (marijuana, possession) – 1st offense**

Sentencing on 08/20/2018, §18-082, §3.1706:

1. Fine $500.00
2. Defendant is financially responsible for the costs of lodging, random drug and alcohol testing, if any.
3. One hundred and eighty (180) days jail, with one hundred eighty (180) days suspended pending successful completion of the Healing to Wellness Court.
4. Transfer case to the Healing to Wellness Court.

**Toriana Rasen, case #18-019, §3.1706, Controlled substance (meth, use) – 1st offense**

Sentencing on 09/10/2018 18-019, §3.1706:

1. Fine $500.00
2. Defendant is financially responsible for the costs of lodging, random drug and alcohol testing, if any.
3. One hundred and eighty (180) days jail, with one hundred eighty (180) days suspended pending successful completion of the Healing to Wellness Court.
4. Transfer case to the Healing to Wellness Court.

**FOOD DISTRIBUTION PROGRAM ON INDIAN RESERVATIONS (FDPIR)**

**FY 2018 NET MONTHLY INCOME STANDARDS**

*The net monthly income standard for each household size is the sum of the applicable Supplemental Nutrition Assistance Program (SNAP) net monthly income standard and the applicable SNAP standard deduction.

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Each additional member + $349

**Indians not living on or in the contiguous United States**

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Each additional member + $436

**Controlling is not love.**

**What is love?**

**Mind games are not love.**

**Put downs are not love.**

**Jealousy is not love.**

**Controlling is not love.**

**WARNING**

Decorative Image: A hand drawn illustration of a heart with the words “hitting is not love. Mind games are not love. Put downs are not love. Jealousy is not love. Controlling is not love.”

**Midaasawi (10)**
ATTENTION KBIC TRIBAL MEMBERS

Several projects in or near Baraga are starting and skilled/unskilled workers are needed—also needed are Suppliers and Contractors for these projects:

- Casino Marquette and Baraga Projects
- Power Plant Project—Baraga
- Copperwood Mine—Wakefield area
- Enbridge Pipeline Repair/Upgrade—Ashland through Escanaba and west

Tribal Members are urged to apply for the Job Bank as TERO is referring people to contractors that are calling and looking for workers—we still need more TRIBAL MEMBERS WHO ARE UNION MEMBERS—we also need Businesses that are Indian owned, and Contractors who are Native American.

IF YOU OWN A BUSINESS GO TO THIS LINK TO REGISTER FOR THE POWER PLAN PROJECT:

https://www.burnsmcd.com/suppliers/supplier-diversity

Site Security—Day and Night; Septic Services; Portable Water/Bottled Water; Snow Removal; Landscaping/Lawn Cutting/Pest Control/Site Maintenance; Catering; and Equipment Rentals...

Please contact this office for an application.

Job Bank Applications are also available online at http://www.ojibwa.com/content/tero

Please stop by or contact Debbie Picciano @ (906) 353-4167 or E-mail — TERO@kbic-nsn.gov

TERO also has funds available for alternative training.

MEMBERS OF THE KEWEENAW BAY INDIAN COMMUNITY PRIMARY ELECTION

Saturday, November 3, 2018

Those members wishing to place their name on the ballot to serve on the Tribal Council in the L’Anse or Baraga Districts will need to submit a letter of intent describing their qualifications for the position to the Assistant Secretary of the Tribal Council. Members wishing to place their name on the ballot to serve as the Chief Judge will need to submit a letter of intent describing their qualifications for the position to the Assistant Secretary of the Tribal Council and complete a Criminal Security Background form.

Letters will be accepted beginning on Thursday, September 20, 2018. Pertinent requirements are listed below.

The letters shall be addressed to Toni J. Minton, Assistant Secretary, 16429 Bear Town Road, Baraga, MI 49908. Letters must be received at the Tribal Center no later than Thursday, October 4, 2018, at 4:00 p.m.

The requirements to serve on the Tribal Council are:
1. Enrolled member of the Keweenaw Bay Indian Community.
2. Must be 25 years of age, on or before December 15, 2018.
3. Must be one-fourth (1/4) or more Indian blood.
4. Must physically reside within the District that you wish to serve for at least one year preceding the nomination.

The requirements to serve as Chief Judge are as follows:
1. Enrolled member of the Keweenaw Bay Indian Community.
2. Physically reside within the territorial jurisdiction for at least one (1) year immediately preceding the nomination.
3. Must be 25 years of age or older on or before the date the term is to commence.
4. Must have attained a high school diploma or an equivalent degree.
5. Must complete a Security Background form. No person can serve as Chief Judge within five (5) years after completion of a sentence or probation upon being convicted of a felony or crime of fraud, unless such conviction has been vacated or overturned.
6. No person will serve as the Chief Judge who is presently a Tribal Council member or running to become a Tribal Council member. The two candidates receiving the highest amount of votes in the Primary Election will advance to the General Election in December.

TERO also has funds available for alternative training.
Attention: Election Workers Needed

The Keweenaw Bay Indian Community Election Board is seeking Election Workers to work the Primary and General Elections. Election Workers must be 18-years of age and be able to work from 6:30 a.m. to approximately 9:00 p.m. on Election Day. Physical requirements are that you must be able to lift 50-pounds and stand for long periods of time. Interested members must submit a letter to the Election Board. If Election Board Alternates are needed, the Tribal Council will choose from those members who submitted letters for the Election Worker positions. Submissions can be mailed to: KBIC Election Board, 16429 Bear Town Rd., Baraga, MI 49908. The deadline is Friday, October 12, 2018, 4:30 p.m.

SENIOR PICNIC HELD

The Ojibwa Senior Citizens’ annual Picnic was held on Friday, August 31, 2018. Due to the prediction of rain, the event was held at the Ojibwa Senior Citizens’ Building. Seniors enjoyed a variety of picnic foods, bingo, prizes, and entertainment by Manny Durant (pictured on left) and Dave Firestone (right).